

## This September, Get to Prep Steppin’!

Celebrate National Preparedness Month with **“The Prep Step!”**

A fun song and dance teaches kids the basics of emergency preparedness – and keeps them grooving and moving during break time, afterschool or at home.



[SavetheChildren.org/PrepStep](https://www.savethechildren.org/PrepStep)

### DID YOU KNOW

That less than half of American families have an emergency plan? Children can be the change.

Readiness as Easy as

- Knowing ICE Contacts
- Making a Family Plan
- Packing a Go-Bag

### WHAT:

Do one or some of the following:

- 1 Join 25,000+ children across the U.S. in doing the Prep Step Dance to teach children basic preparedness actions. It’s up to you how and when you do it.
- 2 Supplement the song messages with 30-minute Prep Step lessons to enhance learning.
- 3 Send home family preparedness resources to spark conversation.

### HOW: Prep Step Kit

All Free and Downloadable at [SavetheChildren.org/PrepStep](https://www.savethechildren.org/PrepStep)

- Instructional Dance Video
- Music Video
- Downloadable mp3
- Song Lyric Sheet
- 30-min Prep Step Lessons (Preschool, K-2, 3-5)
- Send-Home Family Resources



## The Right Fit for Your Program

You can be creative.

### WHERE

- Activity Break
- Afterschool
- Community Event
- Health/PE Class
- School Assembly
- Family Engagement Night

### MIX IT UP

- Invite first responders
- Make up your own dance moves
- Make it a dance contest
- Have older children teach younger children

## Join the Movement Now

Join the Save the Children and the 64 affirming organizations of the National Strategy for Youth Preparedness Education.

Register Online (Coming August 1)  
[SavetheChildren.org/PrepStep](https://www.savethechildren.org/PrepStep)

## Spread the Word (#PrepStep)

In September

- Learn the Moves
- Dance
- Share (photos, videos)
- Teach Prep Step lessons
- Send home free resources

Questions

[GetReady@savechildren.org](mailto:GetReady@savechildren.org)

### About Save the Children

With nearly 100 years of humanitarian and emergency response experience, Save the Children is committed to ensuring the unique needs of children are met before, during and after disasters. Here in the U.S. we've helped more than 1 million children affected by U.S. disasters since Hurricane Katrina struck in 2005.

## WHY CHILDREN?



**Children are most vulnerable.**

Kids have different physical, emotional and developmental needs that put them at risk in emergencies.

**Children make change.**

Households of children who bring home preparedness materials are 75% more likely to have family emergency plan.

**Children are our future.**

“Children are 25% of population, but 100% of our future.” –Sen. Landrieu (La.)